

Autumn				
Wk	Focus: Building Strength	Focus: 6 Letter moves & single letters	Begin foundations as appropriate	Focus: flow movement
1	Animal Positions. Finger rhymes.	6 Moves. Identify/label. Monkeys/tree	3 Friends. Finger workouts.	
2	Floor Push-ups. Monkey bars.	6 Moves: Turtle. Move it. Say it. Write it.	Bead pick up. Pencil pick up: Step 1	
3	Echo-clapping. Crawling	Jumper Family: h n	Pencil Pick Up: steps 1-4	
4	Hand Strength/ Dexterity targets	Jumper Family: m r	Pencil Pick Up: steps 1-4	Flow: Feeling/language
5	3 Friends. Finger-rhymes	Jumper Family: b p	Pencil Pick Up : song part 1	
6	Use of Writing/Helping Hand	Signpost. Abracadabra Family: c o a	Pencil Checks and song part 2	
	Focus: Strength and Dexterity	Focus: Single Letters	Focus: Pencil Pick-Up routine	Focus: Flow movement
7	Review/Set Strength targets	Abracadabra Family: d g	Pencil Pick Up/Checks: song parts 1&2	Flow: Feeling/language
8	Review/ Check Writing positions	Abracadabra Family: s q	Pencil Helpers/vertical surface	
9	Review use of Animal positions	Window Cleaner Family: l t i u	Monkey smile targets (shapes)	
10	Hand Strength/Dexterity targets	Squiter: e and Fisher Family: j (g) f	Monkey smile targets (letters)	Doodle trails/patterns
11	Crawling: integrated in/out	Fisher Family: y Slider Family: v w x	Monkey smile targets (letters)	
12	Set Strength targets for holiday	Slider Family: z k	Monkey smile targets (letters)	

Spring				
Wk	Focus: Strength/ Writing Position	Focus: Single Letters (extn pairs)	Focus: Pencil Pick-Up routine	Focus: Increase Flow
1	Review/ Set Strength Targets	Jumper Family: Quick Tree Symbol	Review Pencil Hold progress	Flow: Feeling/language
2	Review/ Check Writing Positions	Abracadabra Family: c o a d	Pencil Helpers: review use	
3	Review use of Animal Positions	Abracadabra Family: g s q	Monkey smile targets	
4	3 Friends chats/ Finger rhymes	Window Cleaner Family	Monkey smile targets	Doodle trails/patterns
5	Hand Strength/ Dexterity targets	Fisher Family and Squiter	Monkey smile targets	
6	Crawling: refresh provision	Slider Family	Monkey smile targets	
	Focus: Strength and Dexterity	Focus: Pairs and Numbers	Focus: Pencil Checks	Focus: Flow snuggling
7	Review/ Set Strength Targets	Pushing Numbers	Review Pencil Hold progress	Doodle trails/patterns
8	Review/ Check Writing Positions	Pulling Numbers	Pencil Helpers: review use	
9	Review use of Animal Positions	Jumper Family: Target pairs	Monkey smile targets	Letter height: n m
10	Integrate Coin-challenge	Abracadabra Family: Target pairs	Monkey smile targets	Letter height: s
11	Hand Strength/Dexterity targets	Window Cleaner Family: Target pairs	Monkey smile targets	Letter height: l t i
12	Set strength targets for holiday	Fisher Family: Target pairs	Monkey smile targets	Descenders correct

Summer				
Wk	Focus: Strength/ Writing Position	Focus: Capitals & words	Focus: Pencil Hold Maintenance	Focus: Increase Targets
1	Review/ Set Strength Targets	Slider Family: Target pairs	Review Pencil Hold progress	Letter height: w k
2	Review/ Check Writing Positions	Capitals: Straight lines group	Pencil Helpers: review use	
3	Review use of Animal Positions	Capitals: Curved lines group	Monkey smile targets	
4	Integrate Coin-challenge	Capitals: Lines then Curves group	Monkey smile targets	
5	Crawling: refresh provision	Capitals: Sliding lines group	Monkey smile targets	
6	Cube/ Blu-Tack twiddling	Snuggling letters into words: List 1	Monkey smile targets	Snuggling into words
	Focus: Strength and Dexterity	Focus: Words & Numbers	Focus: Pencil Hold Maintenance	Focus: Snuggling words
7	Review/ Set Strength Targets	Snuggling letters into words: List 2	Review Pencil Hold progress	Snuggling into words
8	Review/ Check Writing Positions	Snuggling letters into words: List 3	Pencil Helpers: review use	Snuggling into words
9	Review use of Animal Positions	Snuggling letters into words: List 4	Monkey smile targets	Snuggling into words
10	Hand Strength/Dexterity targets	Snuggling letters into words: List 5	Monkey smile targets	Snuggling into words
11	Integrate Coin-challenge	Pushing Numbers	Monkey smile targets	Doodle trails/patterns
12	Set strength targets for holiday	Pulling Numbers	Monkey smile targets	Doodle trails/patterns

Autumn				
Wk	Focus: Strength, Writing Position	Focus: Single letters & Pairs	Focus: Pencil Pick-up routine	Focus: Feeling Flow/doodle trail
1	Writing positions: check/review	Tree. 6 moves. Jumpers: h n	Pencil Pick Up: routine/checks	Flow: sensation and language
2	Animal positions: integrate	Jumper Family	Pencil Helpers: review use	Rhythm & Flow in letters
3	Floor Pish-Ups. Monkey bars.	Jumper Family	Monkey smile targets (shapes)	Rhythm & Flow in letters
4	Clapping games. Crawling.	Abracadabra Family	Monkey smile targets (letters)	Rhythm & Flow in letters
5	Dexterity. Coin-challenge	Abracadabra Family	Check Pencil Pressure	Rhythm & Flow in letters
6	Writing positions: check/review	Window Cleaner Family	Finger Workouts	Rhythm & Flow in letters
	Focus: Strength and Dexterity	Focus: Singles/Pairs. Numbers	Focus: Pencil Checks	Focus: Flow and speed
7	Review/ Set Strength targets	Special Squirter	Review Pencil Hold Progress	Rhythm & increase speed
8	Writing positions: check/review	Fisher Family	Monkey smile targets (shapes)	Rhythm & increase speed
9	Animal positions: integrate	Slider Family	Check pencil lies across hand	Rhythm & increase speed
10	Coin-challenge: integrate	Letter Family Challenges	Monkey smile targets	Doodle drawings
11	Crawling/ Meerkat: in PE	Pushing numbers	Pencil Helpers: review use	Doodle drawings
12	Strength targets: set for holiday	Pulling numbers	Monkey smile targets (numbers)	Doodle drawings

Spring				
Wk	Focus: Strength/ Writing Position	Focus: Capitals	Focus: Pencil Pick-Up routine	Focus: Snuggle Pairs/ Words
1	Review/ Set Strength targets	Letter Family challenges	Review Pencil Hold progress	Doodle patterns
2	Writing positions: check/review	Letter Family challenges	Pencil Helpers: review use	Doodle patterns
3	Animal positions: integrate	Capitals: Straight Lines group	Monkey smile targets	Heights and Proportion
4	Coin-challenge: integrate	Capitals: Curved Lines group	Finger workouts	Heights and Proportion
5	Lizard Position: review use	Capitals: Lines then Curves group	Check pencil pressure	Heights and Proportion
6	Cube/ Blu-Tack twiddling	Capitals: Sliding Lines	Monkey smile targets	Heights and Proportion
	Focus: Strength and Dexterity	Focus: Pairs/Words	Focus: Pencil Checks	Focus: Snuggle Pairs/ Words
7	Review/ Set Strength targets	Jumper Family	Preview Pencil Hold progress	Snuggling
8	Writing positions: check/review	Abracadabra Family	Pencil Helpers: review use	Letter heights: s
9	Animal positions: integrate	Window Cleaner Family	Monkey smile targets	Letter heights: l t i
10	Coin-challenge: integrate	Special Squirter	Finger workouts	Flow
11	Crawling games in PE	Fisher Family	Check pencil lies across hand	Descenders correct
12	Strength targets: set for holiday	Slider Family	Monkey smile targets	Letter heights: w k

Summer				
Wk	Focus: Strength/ Writing Position	Focus: Words	Focus: Rap and workouts	Focus: Flow and speed
1	Review/ Set Strength targets	Letter Family Challenges	Review Pencil Hold progress	Doodle patterns
2	Writing positions: check/review	Snuggle letters in words: List 1	Teach Rap for workouts	Snuggling into words
3	Animal positions: integrate	Snuggle letters in words: List 2	Monkey smile targets	Spacing between words
4	Coin-challenge: integrate	Snuggle letters in words: List 3	Finger/ Pencil workouts Rap	Snuggling into words
5	Lizard Position: review use	Snuggle letters in words: List 4	Check pencil pressure	Spacing between words
6	Cube/ Blu-Tack twiddling	Snuggle letters in words: List 5	Finger/ Pencil workouts Rap	Snuggling into words
	Focus: Strength and Dexterity	Focus: Words	Focus: Pencil Checks/Rap	Focus: Snuggle Pairs/Words
7	Review/ Set Strength targets	Pushing numbers	Review Pencil Hold progress	Speed & Flow in Numbers
8	Writing positions: check/review	Pulling numbers	Pencil Helpers: review use	Speed & Flow in Numbers
9	Animal positions: integrate	Capitals: revise in groups	Finger/ Pencil workouts Rap	Speed & Flow in Capitals
10	Coin-challenge: integrate	Capitals: revise in groups	Monkey smile targets	Speed & Flow in Capitals
11	Crawling games in PE	Letter Family Challenges	Finger/ Pencil workouts Rap	Doodle patterns
12	Strength targets: set for holiday	Letter Family Challenges	Monkey smile targets	Doodle patterns

Autumn				
Wk	Focus: Strength & Writing Position	Focus: Target letters/Pairs/Words	Focus: Refined Finger Movements	Focus: Flow Patterns
1	Review/Check Writing positions	Tree. 6 Letter Moves. Jumpers: h n	Pencil Pick up/checks	Flow: feeling and enabling
2	Use of Animal positions	Jumper Family	Monkey smile targets/RFM	Flow: Doodle pictures
3	Floor Push-Ups. Monkey bars.	Abracadabra Family	Monkey smile targets/RFM	Flow Pattern 1 (x2week)
4	Crawling/Meerkat games in PE	Window Cleaner Family	Monkey smile targets/RFM	Flow Pattern 2 (x2week)
5	Integrate Coin-challenge	Fisher Family & Squirter	Monkey smile targets/RFM	Flow Pattern 3 (x2week)
6	Check Writing Positions	Slider Family	Monkey smile targets/RFM	Flow Pattern 4 (x2week)
	Focus: Strength and Dexterity	Focus: Numbers. Capitals.	Focus: Pencil Checks	Focus: Flow/Fluency Targets
7	Review/Set Strength Targets	Pushing numbers	Pencil Hold: review	Family Challenges 6, 7, 8
8	Review/Check Writing Positions	Pulling numbers	Monkey smile targets/RFM	Family Challenges 6, 7, 8
9	Review use of Animal positions	Capitals: Straight lines	Monkey smile targets/RFM	Family Challenges 6, 7, 8
10	Dexterity: Cube/Blu-Tack twiddling	Capitals: Curved lines	Finger/Pencil workouts Rap	Family Challenges 3, 4
11	Crawling/Meerkat games in PE	Capitals: Lines then Curves	Pencil Helpers: review need	Joining programme: introduction
12	Set Strength targets for holiday	Capitals: Sliding lines	Check: Pillow Finger	Joining programme: introduction

Spring				
Wk	Focus: Strength & Writing Position	Focus: Letter Families for Joining	Focus: Rap/RFM & Workouts	Focus: Joining Programme
1	Review/Set Strength Targets	Window Cleaner/Jumper	Pencil Hold: review	Joining Programme: wk 1
2	Review/Check Writing Positions	Window Cleaner/Jumper	Monkey smile targets/RFM	Joining Programme: wk 2
3	Review use of Animal positions	Window Cleaner/Jumper	Monkey smile targets/RFM	Joining Programme: wk 3
4	Integrate Coin-challenge	Window Cleaner/Jumper	Monkey smile targets/RFM	Joining Programme: wk 4
5	Review use of Lizard Position	Abracadabra/Jumper	Monkey smile targets/RFM	Joining Programme: wk 5
6	Cube/Blu-Tack twiddling	Window Cleaner/Abracadabra	Monkey smile targets/RFM	Joining Programme: wk 6
	Focus: Strength and Dexterity	Focus: Letter Families for Joining	Focus: Pencil Hold Maintenance	Focus: Joining Programme
7	Review/Set Strength Targets	Abracadabra	Pencil Pick Up routine/checks	Joining Programme: wk 7
8	Review/Check Writing Positions	Squirter/Window Cleaner/Jumper	Monkey smile targets/RFM	Joining Programme: wk 8
9	Review use of Animal positions	Squirter/Fisher/Slider	Monkey smile targets/RFM	Joining Programme: wk 9
10	Integrate Coin-challenge	Slider/Abracadabra/Fisher	Monkey smile targets/RFM	Joining Programme: wk 10
11	Crawling games in PE	Abracadabra/Slider/Fisher	Monkey smile targets/RFM	Joining Programme: wk 11
12	Set Strength targets for holiday	Abracadabra/Squirter	Monkey smile targets/RFM	Joining Programme: wk 12

Summer				
Wk	Focus: Strength & Writing Position	Focus: Application of Joining	Focus: Rap/RFM & Workouts	Focus: Joining Programme
1	Review/Set Strength Targets	Target word lists	Pencil Hold: review	Revisit: Charts 1, 2, 3
2	Review/Check Writing Positions	Target word lists	Monkey smile targets/RFM	Revisit: Charts 4, 5, 6
3	Review use of Animal positions	Target word lists	Monkey smile targets/RFM	Revisit: Charts 7, 8
4	Integrate Coin-challenge	Target word lists	Monkey smile targets/RFM	Revisit: Charts 9
5	Review use of Lizard Position	Target word lists	Monkey smile targets/RFM	Revisit: Charts 10, 11
6	Cube/Blu-Tack twiddling	Target word lists	Monkey smile targets/RFM	Revisit: Charts 12, 13, 14
	Focus: Strength and Dexterity	Focus: Revise Numbers and Capitals	Focus: Pencil Hold Maintenance	Focus: Joining Programme
7	Review/Set Strength Targets	Pulling Numbers	Pencil Hold: review	Revisit: Charts 15, 16, 17
8	Review/Check Writing Positions	Pushing numbers	Monkey smile targets/RFM	Revisit: Charts 18, 19, 20
9	Review use of Animal positions	Capitals: Straight Lines group	Monkey smile targets/RFM	Revisit: Charts 21, 22
10	Integrate Coin-challenge	Capitals: Curved Lines group	Monkey smile targets/RFM	Revisit: Charts 23, 24, 25
11	Crawling games in PE	Capitals: Lines then Curves group	Monkey smile targets/RFM	Revisit: Charts 26, 27
12	Set Strength targets for holiday	Capitals: Sliding Lines group	Monkey smile targets/RFM	Revisit: Charts 28, 29, 30

- **Refer to Teacher book for words lists and sentences.**