

RSHE

Relationships - Who are our family and who are our friends? Look at who we have relationships with and how relationships change - what can we do if they make us unhappy?

Who are our 5 trusted people we can go to for help?

Health and wellbeing - What strengths, skills and interests do we have?

In this unit, pupils will learn

How to recognise personal qualities and individuality, to develop self-worth by identifying positive things about themselves and their achievements, how their personal attributes, strengths, skills and interests contribute to their self-esteem, how to set goals for themselves and how to manage when there are set backs, learn from mistakes and reframe unhelpful thinking.

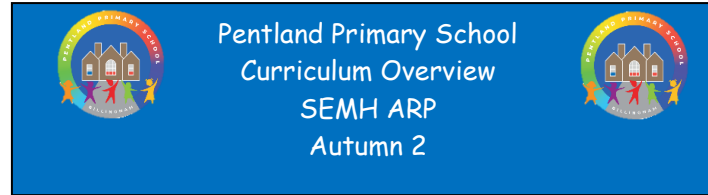
PE -

This half term our PE sessions are split across each day of the week so that the children are engaging with some form of gross motor movement every day (in addition to their OT time). This will support with regulation after lunch time and help to support the children transition back into class when lunch time is over. We will follow the Fit4Life programme which is a whole school scheme we use that focuses on mastering movements and completing workouts, while having a lot of fun!

R.E

In RE we will be answering the big question ' What is the big story of Christmas? '.

We will look at how Christmas is celebrated by Christians and how this adds to the big picture of Christianity. This will lead nicely into our Christmas nativity performance.



Due to the diverse needs within our class, we will be following a bespoke curriculum that is adapted to meet the needs of all learners. We aim to stretch and challenge our children through adaptations. Our foundation subjects are based around practical lessons to develop key skills alongside preparing for adulthood.

Our classroom is based on the Nurture approach which enables all children's social, emotional and mental health needs to be met in a developmentally appropriate way.

Maths

In maths, we will be continue to learn about place value. This includes rounding numbers up and down to the nearest 10, 100 and 1000.

We will also be learning how to add and subtract 2 digit numbers using concrete, pictorial and abstract methods using column addition and subtraction.

We will then move on to looking at statistics and different methods of recording our results.

In preparation for the year 4 multiplication check in June, we will spend a portion of our maths lesson each day focussing on a particular times table. You can help to support your child at home by encouraging the use of Times Table Rockstars as often as possible.

OT

We have our daily OT sessions to help our regulation, proprioception and vestibular system. These are timetabled so that children can access the OT room either 1:1 with an adult or in small groups at different points throughout the day.

The sessions are planned to ensure the children are getting the best out of their session. We follow a 3-step sensory circuit which is an intervention technique that involves a sequence of physical activities, contributing to sensory processing. The circuits allow children to reach a level of alertness that'll help them to concentrate throughout the day.

English

Read Write Inc - Some of the children in the class will access a daily phonics session on a morning. The session will focus on identifying sounds in words and blending sounds together to read words accurately. Once these early reading skills have been mastered, we will then start to focus on fluency in reading and exploring more complex comprehension tasks.

Handwriting - Each day we will have a handwriting session which focuses on the formation of letters. We use Kinetic Letters to support us in this. It consists of four main threads: Making bodies stronger, holding the pencil learning the letters, and flow and fluency.

Writing cycle - The children will be introduced to Talk Through Stories this half term and this will be the foundation for building writing and comprehension skills. We will have a key story each week that we will explore in detail.

Home reading - Children will be changing their books on a Monday and are asked to return it the following Monday ready for it to be changed. It is expected that children read at home at least 3x per week. Reading diaries must be signed to help support your child's progress. Children will also be listening to by an adult each day at school but it is vital for their learning to also receive the extra support at home.

Life skills

This half term we will continue to focus on building our communication skills. We will discuss and start to explore in more detail the importance of being respectful to each other and allowing others to share their views and opinions without conflict.

We will also focus on becoming more independent when it comes to managing ourselves and our basic needs. We will explore tying our shoelaces, managing our basic hygiene and organisation skills.

Regulation strategies

We will continue to explore our emotions and how to effectively manage them. Throughout the day we will discuss our Zones of Regulations and identify how we are currently feeling in that moment.

Each morning the children will complete this as part of our morning tasks and then there will be opportunities to explore as a class as part of our daily practise.